



**HEALTH NUTRITION EDUCATION AND
AGRICULTURE RESEARCH DEVELOPMENT
NEPAL**

**“Three days training on community health
and nutrition survey”**

Dated on May 25 to 27, 2023

I Introduction

I. Background

Health Nutrition Education and Agriculture Research Development Nepal (HEARD Nepal) is registered in DAO Saptari, Regd. No: 1761/077/78 as a non-Governmental organization under the Registration of Institutions Act 2034 BS. It has been affiliated with the Social Welfare Council, Kathmandu with Affiliation No: 52601) PAN No of HEARD Nepal is 615996712). It has contact office at Imadol-I, Lalitpur, and Kathmandu Nepal. It is a growing non-profit, non-political, service-oriented, non-governmental organization aiming to combat poverty and expand opportunities for all the people in Nepal. HEARD Nepal envisions to enable even the poorest people of Nepal to gain access to food security, safe drinking water, Health and Nutrition, Child Protection, Child safeguarding, Child Labor, quality health services, disability and Inclusion, Gender Equality & Social Inclusion (GESI) education, livelihood, Disaster Risk Reduction and Climate Change Adaptation (DRR/CCA), Emergency COVID-19 and Policy/Advocacy to contribute to the sustainable humanitarian development programs in Federal, Provincial, and local government in Nepal. HEARD knows through experience that different ideas, perspectives, and backgrounds create a stronger and more creative work environment that ultimately delivers better results.

2. Objective of the Supply Chain management training: -

- To increase participant's understanding of the importance of community health and nutrition survey.
- Familiarize participants with various survey's questionnaire methods and techniques used to assess community health and nutrition survey.
- To enhance participants skills in effective communication in field level.
- To know the survey objectives, methodology, and sample size.

3. Venue/Date :)

- Training was conducted at Budhiganga rural municipality's training hall at 10 am to 5 pm

4. Materials

- Projector
- Laptop
- Presentation and Slides
- Meta-card
- Paper questionnaires

5. Methodology:

- Group discussion
- Lecture
- interaction
- individual discussion
- pre-testing

6. Facilitators:

Mr. Rakesh Kumar Yadav

Mr. Narayan Panthi

Mr. Rajan Bhandari

Mr. Bashudev Regmi

7. Name of Participants: -

S.N	Name of Participants	Position, organization	Location	Remarks
1.	Mr. Rakesh kumar Yadav	Founder, President/ HEARD Nepal	Biratnagar, Morang	
2.	Mr. Bashudev Regmi	Health Co-ordinator, Budhiganga RM	Budhiganga RM	
3.	Ms. Laxmi Neupane	Education Officer, Budhiganga RM	Budhiganga RM	
4.	Mr. Giriraj Bhattari	CAO, Budhiganga RM	Budhiganga RM	
5.	Ms. Sunita Majhi	Health Section, Budhiganga RM	Budhiganga RM	
6.	Mr. Anuj Pyakurel	Account Officer	Budhiganga RM	
7.	Mr. Binod pokheral	Engineer	Budhiganga RM	
8.	Mr. Ghanashyam Regmi	Na. Su	Budhiganga RM	
9.	Mr. Rashiklal chaudhary	Ward chairperson-4	Budhiganga RM	
10.	Mr. Devendra pd.Dahal	W.no-5	Budhiganga RM	
11.	Mr. Dilip Chaudhary	W. no-6	Budhiganga RM	
12.	Mr. Narayan Panthi	Researcher	Kathmandu	
13.	Mr. Rajan Bhandari	Treasurer	Kathmandu	
14.	Mr. Pashupati Chaudhary	A&F/ HR, HEARD Nepal	Biratnagar	
15.	Mr. Gyanu Gautam	Province TL, HEARD Nepal	Biratnagar	
16.	Mr. Pushpa Majhi	Enumerator	Biratnagar	
17.	Mr. Jawaid Akhtar	Enumerator	Biratnagar	
18.	Mr. Ramlal Shau	Enumerator	Budhiganga	

19	Mr. Surya K. Thapa	Health post in-charge	Hattimuda	
20	Mr. Rajendra p. Khatiwoda	Sr. AHW		
21	Mr. Chandramani poudel	Nutrition technical co-ordinator-HEARD Nepal	Ithari	

II Key Achievements

- Understanding the Survey questionnaire.
- Learnt how to build a rapport with community people and to collect data easily.
- Learning about the various tools and techniques used in the questionnaires.
- Learnt how to deal the questionnaire and how to involve people management in community level.
- Learnt how to collect quality data from field.
- Know the sample size and Target population at ward wise.

III Positive aspects, challenges/lesson learned during activity implementation and Case Study/Voices

Positive aspect

- Training was fruitful to all the participants

Challenges/Issues: -

- Managing the time was difficult in 1st day due to another program in the same meeting hall.

Lessons learned: -

- Importance of communication and collaboration among stakeholders.
- Know the how to deal with government stakeholders.

IV Environment Compliance (If applicable, list 3-5 discussion points below for each)

- The program was of great significance to all the participants, as everyone thoroughly enjoyed the session and the program was executed seamlessly.

V Recommendation for future improvement

- Hope on the coming days HEARD Nepal will provide more Opportunities for us If possible Physical and virtually orientation/ seminar/ workshop/training will be better for us.

VI Conclusion (1-2 paragraphs)

The three day training on community health and nutrition surveys at Budhiganga rural municipality's training hall has provided valuable insights and skills for participants to effectively assess and address

the health and nutrition needs of Budhiganga's communities. Through interactive sessions, hands on exercises and knowledge sharing the training has equipped participants with the necessary tools to conduct comprehensive surveys and generated meaningful data.

During the training, participants gained a deep understanding of the importance of community health and nutrition surveys in identifying health issues, evaluating nutritional status, and formulating evidence-based interventions. They learned about various survey methodologies, sampling techniques, and data collection instruments, which will enable them to gather accurate and reliable information from their communities.

The training also highlighted the importance of collaboration and coordination among different sectors, including healthcare providers, government agencies, non-governmental organizations, and community-based organizations. Participants were encouraged to establish partnerships and networks to leverage available resources, share best practices, and promote sustainable community health and nutrition programs.

In conclusion, the three-day training at Budhiganga's training hall has equipped participants with the necessary knowledge, skills, and tools to conduct community health and nutrition surveys effectively. It has empowered them to make informed decisions, design evidence-based interventions, and contribute to the overall improvement of health and nutrition outcomes in their respective communities. The training has laid a strong foundation for participants to continue their efforts in promoting community health and nutrition and fostering positive change.

Suggested Annex:





Thank you!

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